

**The Good Life**



**You shall not commit adultery.**

**- Exodus 20:14**



**Do not do anything that harms any  
existing or potential marriage**





**Be chaste outside of marriage  
and faithful in marriage**





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🕒 14 July 2018 | 💬 217

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Yet there is one thing we millennials won't eagerly subscribe to - and that's marriage. Down 50% (for the age group) since the sixties. So maybe we just have issues with commitment?

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avoid pain





faithfulness is the path  
to the good life



adultery is really a selfish thing



**“I promise to honour you  
in my thoughts and actions  
in all circumstances.”**





marriage is meant to be a powerful  
selflessness shaping force



27 “You have heard  
that it was said,  
‘You shall not commit adultery.’





28 But I tell you that anyone who  
looks at a woman lustfully  
has already committed adultery  
with her in his heart.





29 If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.



30 And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

- Matthew 5:27-30





Saying 'no' to desire when it strikes inappropriately—in other words, outside the context of marriage—is part of the most basic Christian discipline.





This is not 'repression,' as people sometimes suggest. It is more like the pruning of a rose, cutting off some healthy buds so that the plant may grow stronger and produce better flowers.



Choosing not to be swept along by inappropriate sexual passion may well feel on occasion like cutting off a hand or plucking out an eye,





and our world has frequently  
tried to tell us that doing this  
is very bad for us...

- N.T. Wright





**Whose advice will you  
choose to follow?**



God wants you to be a great lover!



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